

Dissociative Identity Disorder Potrayed By Malcolm Rivers In The “Identity” Movie By James Mangold

Aliya¹ Dian Mukhlisa² Firdiansyah³

English Literature, State Islamic University of Sulthan Thaha Saifuddin Jambi
aliiyaa1998@gmail.com dian.mukhlisa@uinjambi.ac.id alfarizi04@yahoo.com

Article Info

Article history:

Submitted Jan 15, 2020
Revised Jan 25, 2020
Accepted Feb 21, 2020
Published Feb 28, 2020

Keywords:

Psychology of literature
Dissociative Identity
Disorder
Kinds of DID
Cause of DID

ABSTRACT

Kinds and cause of dissociative identity disorder experienced by Malcolm as the main character in a movie entitled Identity. The purpose of writing this research is to analyze and find out what kinds of dissociative identity disorder and what are the causes of dissociative identity disorders. This research uses psychological approach by Wellek and Warren, Paulette M. Gillig about dissociative identity disorder, and the theory of kinds of dissociative identity disorder by Nevid, theory of the cause of dissociative identity disorder by Thomas Oldmans. The method used in analyzing the problem in this thesis is a qualitative descriptive method. The results of this study are that Malcolm experienced dissociative identity disorder, he has ten other personalities in him and there are four kinds of dissociative identity disorder that Malcolm had, they are: the main personality, the dominant personality, the dissociative identity which there is no connection between the personality and the dissociative identity which there is connection between the personality. The cause of DID experienced by Malcolm is Psychological factor where he remembered what happened when in the past and he could not forget it that was why he want to be independent.

Corresponding Author:

Aliya, Dian Mukhlisa, Firdiansyah
English Literature, State Islamic University of Sulthan Thaha Saifuddin Jambi
Jambi Indonesia
Email: aliiyaa1998@gmail.com dian.mukhlisa@uinjambi.ac.id alfarizi04@yahoo.com

1. Introduction

Literature is a picture of human life that occurs in society, therefore literature can not be separated from society life. Literature is a world of imagination created by authors with regard to the problems of life derived from reality or the social environment based on the author's experience and observed by the author. Wellek has state that literature is a representation of life (Wellek, Rene and Warren, Austin (1981) . The statement proves that literature is a reflection of social life or society. Movie is one of the genres of literature that is preferred to be watched by people of various ages. Nowadays, watching movie has

been one of the lifestyles of many people from around the world. It helps increase their knowledge and imagination. Many people watch movie to spend their time, as entertainment or learn. Movie, also known as film, is a type of visual communication which uses moving picture and sound to tell stories or inform (help people to learn). People in every part of the world watch movie as entertainment, away to have fun. Many people feels very happy and fresh if they have been watch some movies. In this study, the writer discuss about fiction movie. It can discuss two things, character and plot. The writer take character side, especially main character because main character is the point of the movie taken. Characters are actors in fiction or drama. The characters can be concluded as an actor that shown in a work, which is interpreted by the reader, have the moral quality and a certain tendency as expressed in his speech and what is done in action.

In this research, the writer choose the "Identity" Movie because it has a lot of aspects of main character which can be discussed about psychological disorder. There are two or more characters that come up in the "Identity" movie referring to their degree of playing role in the movie. The writer take psychological focus on the topic Dissociative Identity Disorder (DID). It is also known as multiple personality disorder, has been portrayed in many films over the decades. Dissociative identity disorder (DID) is characterized by the presence of two or more distinct identities or personality states that recurrently take control of the individual's behavior, accompanied by the inability to recall important personal information that is too extensive to be explained by ordinary forgetfulness. A dissociative disorder allegedly includes three components: fantasy, dissociation, and compartmentalization. Compartmentalization means lacking awareness of the other identity's existence (unproved) or, alternately, a state in which the elements of one identity do not penetrate the other, or at least there is an attempt to block this part in the individual's personality. At the same time, there appear other identities or personality parts in a dissociative state. These parts or identities include the traumatic memories, or react to the trauma in different ways. This identity received a few labels: emotional personality (EP); traumatic identity states (TIS); traumatic personality states (TPS) (Edelstein(2015). When people with DID switch from one identity state to another, they are often disorientated and may present with complex, puzzling, dramatic pictures which cause diagnostic confusion. They may alienate treatment services with challenging and selfdestructive behaviors and provoke antagonism and rejection (Leonard, D., & Tiller, J (2016). The Identity movie directed by James Mangold shows Malcolm River who suffered Dissociative Identity Disorder that had a lot of identities inside him. He was arrested after killed six persons at Lakeworth Apartment on May 10, 1998. 4 years after the murder, the case was analyzed by a psychiatrist named Dr. R. Mallick as the defense team. He did it in order to testify for defense and convince the Judge that the killer personality inside Malcolm can be eliminated by doing a therapy. So he demanded a midnight hearing to do the therapy in front of the Judge and others and also Malcolm's present. The hearing was held right 24 hours before the execution at a conference room.. Based on the explanations above, the writer interested in analysing "Dissociative Identity Disorder portrayed by Malcolm Rivers in the "Identity" movie by James Mangold".

2. Review of Literature

a. Psychological Approach

Actually, psychology and literature are two different things. Richard Taylor (1981) in his book *Understanding the Element of Literature* said that literature is a place of writing which the writer can express their imagination, emotion, feeling through life experience. Richard Taylor (1981) "Literature, like other arts, is essentially an imaginative act, that is, an act of the writer, his imagination in selecting, ordering, and interpreting life-experience. In the case of literature, words are the medium of expression and it makes little difference whether those words are recorded in the living memory of a people or by some mechanical means such as writing, sound recording, etc.

According to Bonner in Siswantoro (2005), psychology from the word "psyche", it means "soul" or "logos", science or knowledge which is appropriate to man as the object, especially in behaviour or action and psyche. Based on the statement, we can conclude that psychology is the study of behaviour and mental process, primarily among humans. Human behaviours and mental process are nothing less than the substance of our lives, actions, thought, attitudes, moods, even hope and dreams. Although psychology and literature are different things, but through literature we can learn about psychology. Wellek and Warren (1977) said in their book "Theory of Literature". "*Psychology can enter to literature by studying the psychology of the writer, psychology of the character, and also psychology of the reader*". Based on what Wellek and Warren said, it can be concluded that psychology and literature are related to each other. Psychology can enter literature because the author uses his feeling and emotion in creating work as happens in movie. In this study, psychology enters to literature by studying of the character.

Psychology Literature is an approach that considers the psychological aspects and concerns the inner human, because literature and psychology are studying the psychological state of others. But between literature and psychology there are also differences, namely in psychology these symptoms are real, whereas in the literature these symptoms are imaginative. Wellek, Rene and Warren, Austin (1977) "The relationship between literature and psychology is that literary works are regarded as the result of human activity and expression, while psychology can help authors to thicken their sensitivities and provide opportunities to explore patterns never before touchable. The results can be achieved is the truth that has artistic values that can add to the coherence and complexity of the literary works". So, literature arises from the expression of the mind of the author who has long existed in the soul and has experienced the process of imagination.

b. Dissociative Identity Disorder (DID)

Dissociative identity disorder is a psychiatric problem that a person faces by having two or more different personalities. Wade said argues that experts believe that the disorder originated in childhood, as a way to deal with trauma, such as acts of violence (Paulette M. Gillig (2009). Based on this view, trauma causes a mental separation, where a personality will emerge to deal with everyday experiences, and other personalities will

emerge to face bad experiences. There are groups that believe that most cases of multiple personality disorder indirectly arise from interactions that occur between clinical practitioners and their clients who have vulnerabilities caused by psychological problems they have (Wade Carol (2007)). Humans in general must have experienced days when they acted not like themselves. This is considered normal and is not what is meant by multiple personalities. According to Nevid, the diagnosis of dissociative identity disorder can be established if a person has at least two separate, or variable personality in existence, feelings and actions that are mutually influential and not mutually arising and holding control at different times (Nevid, J. S., Rathus, S.A (2005)). Boonn & Draijer suggested that dissociative identity disorder usually occurs in childhood, but is rarely diagnosed until adulthood. Disorders like this are considered Boon and Draijer wider than other disositive disorders, and healing is also less thorough. Boon also stated that this disorder is far more common in women than men. Other diagnoses include depression, threshold personality disorders, and somatization disorders. Dissociative identity disorder is generally accompanied by headache, substance abuse, phobias, hallucinations, suicide attempts, sexual dysfunction, self-injurious behavior and also other dissociative symptoms such as amnesia and depersonalization.

c. Kinds of Dissociative Identity Disorder

According to Nevid (2005) there are four forms of dissociative identity disorder, they are:

The main personality

In the first form in the form of the main personality is not aware of the presence of a substitute personality, the personality that is present after the personality inherent in the actor. Nevid Durand state that this form is characterized by a failure in the offender to recall personal information that is too important to be considered ordinary forgetfulness (Nevid, J. S., Rathus, S.A (2005)). Failure to remember important information in the offender makes the actor believe that he is a unified whole and does not realize the change between personalities. In this first form only the substitute personality is aware of the presence of the main personality.

The dominant personality

In the second form in the form of one dominant personality in the offender. Nevid states that this is characterized by the tendency of one personality to show itself, and conversely there is a personality that is marginalized and rarely appears to appear. Seeing these two markers, in this form it can be concluded that one personality has the ability to set aside another personality (Nevid, J. S., Rathus, S.A (2005)). Dominant or core personality and substitute, of course there are still markers that show that the personality that often appears has been known that the personality is the dominant personality. Whereas a personality that rarely appears is an excluded personality possessed by an actor and rarely appears to show itself.

The dissociative identity which there is no connection between the personality

In the third form in the form of the two personalities not aware of each other. Nevid (2005) state that this form can be characterized by the existence of memory gaps for what

the perpetrator has done. Then it happens because at least all personalities have little contact with other personalities. In this form all personalities only have a little memory about what other personalities are, not even recognizing at all that he has a different personality. This form certainly sees that there is no connection between the personality of one and the other personalities, so that any change in each personality is still not realized by the actor.

The dissociative identity which there is connection between the personality

In the last form in the form of the two personalities competing to get the actors' self-control, that this form is characterized by every personality that is quite complex, has its own pattern of behavior, memory and relationships. Each personality determines the actions of the actors when they are in control. Usually each of these personalities is quite different, even conflicting. This form of personality will become a controller in each one of the personality. Therefore, this personality will appear to show itself that the personality is attractive to the actor (Nevid, J. S., Rathus, S.A (2005).

d. Causes of Dissociative Identity Disorder

Thomas said there are two causes of dissociative identity disorder, they are:

Psychological factor

The first cause of dissociative identity disorder is psychological factor like trauma. Dissociative identity disorder developed as a response to trauma, particularly a trauma of psychal or sexual abuse over a considerable period of childhood. The case studies are based on the patient"s memory and clinical evaluation. one theory gives rise to state-dependent learning, whose learningprocess depends on the best conditions of affect or consciousness that are remembered in the same conditions. when in a state of sadness and not happy, the brain or body is easier to remember what happened when feeling sad in the past. when through repeated experiences of trauma, dissociation, and statedependent learning, a more complete and autonomous memory develops which ultimately results in independent personalities (Thomas F. Oltmanns and Robert E. Emery (2013).

Social factor

The second cause of dissociative identity disorder is social factor. Disorders caused by iatrogenesis, the creation of a disorder by its handling. The patient develops multiple personalities in response to therapist-directed questions. Mersky believes that dissociative identy disorder is a social role. Because of susceptibility to suggestion, people who are very likely to be easily hypnotized are likely to experience iatrogenic effects.

There are researchers that have been found by the writer who have discussed about dissociative identity disorder (DID) they are.

Firstly, entitled "Dissociative Identity Disorder (DID) in Split's Film by Night Shyamalan" thesis, English Literature Department Adab and Humanities Faculty State Islamic University of Sulthan Thaha Saifuddin Jambi that isanalyzed by (Arif Hidayat (2019). He analyze kinds, cause, and how to solve dissociative identity disorder potrayed by Kevin in the Split's film. There are some problems that occasionally happen related to

dissociative identity disorder (DID) experienced are by Kevin, and he has 23 personalities within him. The result shows that kinds of Kevin's dissociative identity disorder by using Nevid's theory, they are the main personality, the dominant personality, the dissociative identity and the dissociative identity which there is connection between the personality. Whereas as result of the second part of analysis that emphasize to analyze the cause of Kevin's DID by using Kartono's theory conclude that from 4 causes which are being analyzed by the researcher, we find only two causes that is The perpetrator has experienced severe distress and encouragement of willingness. The last result of analysis the ways to solve Kevin's DID by using Lie Sun's theory that from 3 ways which are being analyzed by researcher, we find only two way to solve Kevin's DID that is getting speech and language therapy.

Second entitled "The Multiple Personality in Daniel Keyes' The Minds of Billy Milligan" Thesis, English Literature Department Adab and Humanities Faculty State Islamic University of Malang that is analyzed by (Faiqotul Lathifah (2008). She analyze the process of data collected related to the forms of Billy's psychological conflicts, and the result shows that we are able to divide the forms of psychological conflicts faced by Billy Milligan into: internal and external conflicts. Internal conflicts are shown in the forms of Trauma, anxiety, and Depression. Whereas the external conflicts or the conflict that comes from outside is Billy's child abuses which are done by his stepfather. Whereas as result of the second part of analysis that emphasize to analyze the kinds of Billy's personalities by using Jung's theory conclude that from 10 of 24 personalities which are being analyzed by the researcher, we find only three types of personality among them, introversion thinking, introversion feeling, and extroversion feeling. This study also proves that child abuses which are experienced by Billy is the most responsible thing to all the entire of Billy's psychological conflicts and also his Multiple personality.

Third entitled, "Dissociative Identity Disorder Of Ashley Patterson As The Main Character In Sidney Sheldon's Tell Me Your Dreams" thesis, English Department Faculty of Humanities Dipenogoro University that is analyzed by (Safira Ambar Asri (2013). She analyzed characterization and psychological conflict of Ashley Patterson in Sidney Sheldon's Tell Me Your Dreams. She used a psychological approach and the theory of Dissociative Identity Disorder (DID) by Davison and Nale. Based on intrinsic analysis the result shows that the main character is a beautiful woman, but she hates her appearance. Whereas the result of psychological conflict face by Ashley Patterson show that the conflict that occurred was the main character experiencing traumatic experiences due to rape by his biological father. As a result of his traumatic experience, the main character experiences multiple personalities. Based on the analysis of psychological approaches (DID), DID occurs when in childhood due to severe physical or sexual abuse and this results in dissociation and the formation of various other personalities as a way to deal with trauma.

3. Design of Research

In this research, the writer used descriptive qualitative method that is suitable with the aim of the research. Qualitative research is tending to be used in analyzing. According to Bodgan and Taylor (Margono (2007:36) "*penelitian kualitatif adalah prosedur penelitian yang menghasilkan data deskriptif berupa kata-kata tertulis dan dari orang-orang yang dapat diamati*". Qualitative research is a research procedure that produce descriptive data in the form of written words and from people that can be observed. It means that, characteristic of the qualitative is analytic descriptive and produce descriptive data spoken words of the person or behavior being researched. According to (Siswantoro (2010:56) "*Metode deskriptif dapat diartikan sebagai prosedur pemecahan masalah yang diselidiki dengan menggambarkan atau melukiskan keadaan subjek atau objek penelitian (novel, drama, cerita pendek, puisi) pada saat sekarang berdasarkan fakta-fakta yang tampak atau sebagaimana adanya*".

The source of data in this research is the movie entitled Identity by James Mangold. The movie Identity is published in 2003 by Cathy Konrad. The movie consist of 90 minutes. In the process of collecting data, the writer divides the data into primary data. The data is taken from script, words, phrase, sentences, actions, dialogue between characters or some quotations that related to Dissociative identity disorder in the Identity movie

The writer used documentation "*dokumentasi merupakan catatan peristiwa yang sudah berlalu. dokumentasi bisa berbentuk tulisan, gambar, atau karya-karya monumental dari seseorang. Dokumentasi yang berbentuk karya seni, berupa karya misalnya gambar, patung, film dan lainlainnya*" (Miles, M.B., and Huberman, A.M. (1984:309). Writer collects data from Identity movie and it is one of the literary work that part of document. The writer took the data by watching movie and reading the script. Firstly, preparing data collection sheets, after mastering the theory or concept of literary work the next thing to do is prepare a book or sheet and don't forget that each sheet is labeled whit category. Second selecting data, after that we select the data that has been obtained may also be reduced or added it. In this research the writer will begin to collecting the data by analyzing kinds of dissociative identity disorder and the causes of dissociative identity disorder that Malcolm Rivers had in the Identity movie. Then Giving a description, the researcher then gives a description or information about the data. A description is given in order to sharpen the accuracy of the data.

4. Finding And Analysis

a. The Kinds of DID potrayed by Malcolm Rivers in Identity Movie by James Mangold *The Main Personality*

The main personality is a type of personality where the personality is not aware of a replacement personality. Person who has a main personality can't remember an important thing, they live life as usual as if a replacement personality took over their body where the personality committed a crime such as murder, kidnapping, robbery or other criminal acts then the main personality won't be aware of it. The explanation above prove that the main personality does not know the personality changes they experience. It can be

concluded that malcolm Malcolm is the main personality, he is unaware of personality changes and cannot remember important things like the murder he committed.

The main personality is not aware of the presence of a substitute personality, the personality that is present after the personality inherent in the actor. Nevid Durand state that this form is characterized by a failure in the offender to recall personal information that is too important to be considered ordinary forgetfulness.¹The writer found that the main personality in this research is Malcolm, where he was mysteries but he was good. He just hoped that he can get what he wanted in his life and in this film the appearance of Malcolm is only at the beginning and the end of the scene.

Through the film it can be known that Malcolm was good and he always take care people around him. He was funny and always smile with people around him, even he was seldom to talk with people but he always wants to make his life get happiness. Malcolm failed to remember important information in the offender makes the actor believe that he is a unified whole and does not realize the change between personalities. In this case it was concluded that Malcolm had main personality from when he failed to remember important thing like a murdered he or other his personality did.

The Dominant Personality

The dominant personality will make a person's life abnormal, as they will experience a change in their behaviour. Someone who has a dominant personality is characterized by behavior that is often done suddenly. The dominant personality is also characterized by frequent self-presentation or taking over the body of someone who has the DID. not only often appear themselves but the dominant personality is also able to intimidate other personalities including the main personality, but the main personality is not aware of it. The explanation above prove that the dominant personality is a personality that can take over the main body continuously and is able to intimidate or get rid of other personalities.

Nevid states that this is characterized by the tendency of one personality to show itself, and conversely there is a personality that is marginalized and rarely appears to appear.² Dominant or core personality are often appearing has been known that the personality is the dominant personality. Whereas a personality that rarely appears is an excluded personality possessed by an actor and rarely appears to show itself .Edward is always appearing in the movie and he loved a job like a police whocould investigated some sort of problem or case. There were Ten Edward scenes in this film.

One of example of Edward as dominant character was shown when Dr. Mallik hypnotized Malcolm in front of a court judge to ask about the murder that had been committed by one of the personalities in Malcolm. Dr. Mallik asked Edward to kill other existing personalities, especially personalities who had committed murders by Malcolm's body so that Malcolm's sentence could be overturned. Edward appeared himself when hypnotized, it also shows that Edward often appeared and showed that he was a dominant personality. There were Ten Edward scenes in this film.

¹Nevid, *op.cit.*, p.203

²Nevid, *op.cit.*, p.203

From the film, it can be seen that there were two others dominant characters besides Edwards, they were Rhodes, and Timmoty. They also appeared and often take over Malcolm's body. Rhodes is one of mysterious personality and he had high emotions, selfish and a killer. It is said that Rhodes was kill the police officer who is in charge of moving prisoners to new quarters. Rhodes is also one of the dominant personalities, although his appearance is not as often as Edward. Rhodes overrides one personality, the prisoner. Meanwhile, Timmoty is a child's who is pent up and doesn't talk much. However, he can killed people with his cunning. This personality appeared itself and take control's of malcolm's body it can concluded that Timmony was a dominant personality.

The Dissociative Identity Which There is no Connection Between the Personality.

The dissociative identity which there is no connection between the personality is a personality that tends to emerge but knows nothing. they have little memory of other personalities or none at all. this personality feels that he is the only personality that exists but has little memory about the identity of another personality which he thinks is his own memory which he forgot, but in fact this personality does not have a relationship with other personalities. The explanation above prove that dissociative identity that do not have a relationship between personalities are unrelated personalities but have little memory of other personalities. It can be concluded that Alice York, Ginny, and Lou are the dissociative identity which there is no connection between the personality, they appeared and take malcolm's body but they didn't know what other personalities did.

The Dissociative Identity Which There is Connection Between the Personality

Dissociative identity that has a relationship between personalities is a personality that tries to take over the main body that has memories, behavior patterns and relationships between personalities. these personalities compete with each other to get the main body where they are conflicting personalities. The explanation above prove that dissociative identity that have a relationship between personalities are conflicting personalities but have relationships and compete for full control of the main body. It can be concluded that Napi, Rhodes, Larry, Parsis Nevada, and Timmoty are the dissociative identity that have connection between personalities, they appeared and competed with each other to take control malcolm's body.

b. The Cause of DID Portrayed by Malcolm Rivers in Identity Movie by James Mangold.

Psychological factor

The cause of dissociative identity disorder in this film is psychological factor like trauma. Dissociative identity disorder develoved as a response to trauma, particularly a trauma of psychal or sexual abuse over a considerable period of childhood. The case studies are based on the patient's memory and clinical evaluation. one theory gives rise to state-dependent learning, whose learning process depends on the best conditions of affect or consciousness that are remembered in the same conditions. when in a state of sadness

and not happy, the brain or body is easier to remember what happened when feeling sad in the past. when through repeated experiences of trauma, dissociation, and state-dependent learning, a more complete and autonomous memory develops which ultimately results in independent personalities.³

Trauma experienced by someone can cause psychological disturbances or the person's mentality. people who have severe trauma usually experience something bad during childhood that causes them to feel scared such as abuse, being left alone in a strange place for weeks or even more, seeing a great fight between parents, and sexual abuse, it will be bad memories / experiences for them. someone who continues to experience these things will certainly always remember and eventually will produce other personalities due to the trauma they experienced. The explanation above prove that psychological factors such as trauma can caused the appearance of new personalities and someone will suffer from dissociative identity disorder. It can be concluded that psychological factors such as trauma experienced by Malcolm are the cause of his dissociative identity disorder.

In this movie, Malcolm River had an intense trauma in his childhood. Dr. Mallick, as the expert on DID in this movie, said that when faced with an intense trauma, a child's mind may fracture, creating dissociate identities. In the film, it showed that Malcolm's mother was a whore and he had also been abused, neglected and finally abandoned by her when he was a child. Those pictures use Close-up shot in order to deliver some details from the newspapers. The news which was on June 11 1972 said that boy (9-years-old Malcolm) was found abandoned at Local Motel. It was also said that he was neglected and abused. He said he was waiting for her mom in bathroom. It means that Malcolm's mother neglected, abused and abandoned him at a motel and Malcolm still thought that his mom will pick him up again. This was one of his traumatic events on his childhood.

5. Conclusions

There are four kinds of DID portrayed by Malcolm Rivers in *Identity* Movie by James Mangold, they are the main personality, the dominant personality, the dissociative identity which there is no connection between the personality and the dissociative identity which there is connection between the personality. There is one cause of DID portrayed by Malcolm River in *Identity* Movie by James Mangold that is Psychological factor where he remembered what happened when in the past and he could not forget it that was why he want to be independent.

In this research Malcolm River who suffered Dissociative Identity Disorder had a lot of identities inside him. This happened because Malcolm River suffered abuse from his temper-problem father that is explained or delivered by Timmy's step-father and his mother (a whore) who also abused, neglected and abandoned him when he was a child. This traumatic childhood made the killer identity and other identities appear. Malcolm felt insecure so he created all the ten identities to protect him. Every identity has a reason why he/she exists. Such as Paris Nevada, she represented Malcolm's mother. She appeared

³Thomas F. Oltmanns., Robert E. Emery, *op.cit.*, p.252

because Malcolm still believed that she would protect and love him even she was a whore but the fact, she did not. Moreover, his blackout is the way he changes the identities, randomly and of course he cannot control the blackout.

References

- Arif Hidayat. 2019. "*Dissociative Identity Disorder (DID) in Split's Film by Night Shyamalan*". English and Language Department Faculty of Humanities and Culture The State Islamic University of Sulthan Thaha Saifuddin Jambi.
- Davison, G.C., Neale, J.M. dan Kring, A.M. 2006. *Psikologi abnormal (9th ed.)*. Jakarta: PT Raja Grafindo Persada.
- Edelstein, A. (2015). *Journal of Trauma & Treatment Dissociative Identity Disorder Theory Explaining Serial Murder and Murderers*.
- Lathifah Faiqotul, 2008. *The Multiple Personality in Daniel Keyes' The Minds of Billy Milligan*, Thesis, English and Language Department Faculty of Humanities and Culture The State Islamic University of Malang.
- Leonard, D., & Tiller, J. (2016). *Dissociative identity disorder (DID) in clinical practice*
- Margono. 2007. *Metodology Penelitian*. Jakarta : Rineka Cipta.
- Maulawi Sher. 2004. *The Holy Qur'an*. United Kingdom: Islam International
- Miles, M.B., and Huberman, A.M. 1984 *qualitative data analysis*. Newbury Park CA: Sage
- Nevid, J. S., Rathus, S.A., et al, 2005. *Psikologi Abnormal, Fifth Edition. Penerjemah (Tim Fakultas Psikologi UI: Murad, J.dkk)*. Jakarta: Penerbit Erlangga.
- Paulette M. Gillig, 2009, *Psychotherapy Rounds, Dissociative Identity Disorder a Conversial Diagnosis*, Vol 6.
- Prastowo, Andi. 2011. *Metode Penelitian Kualitatif dalam Perspektif Rancangan Penelitian*. Yogyakarta: Ar-ruzz Media.
- Safira Ambar Asri. 2013. "*Dissociative Identity Disorder Of Ashley Patterson As The Main Character In Sidney Sheldon's Tell Me Your Dreams*" thesis, English Department Faculty of Humanities Dipenogoro University.
- Siswanto. 2005. *Metode Penelitian Sastra: Analisis Psikologis*. Surakarta. UMS.
- Siswanto. 2010. *Metode Penelitian Sastra*. Yogyakarta: Pustaka Pelajar.
- Sugiono. 2012. *Metode Penelitian Pendidikan*. Bandung: Alfabeta.
- Taylor, Richard. 1981. *Understanding the elements of literature*. New york : St. Martin's Press, Inc.
- Thomas F. Oltmanns and Robert E. Emery. 2013. *Psikologi Abnormal, Seventh Edition*. Yogyakarta: Pustaka Pelajar.
- Wade Carol. 2007. *Abnormal Psychology, Volume 2, Eleventh Edition*. Jakarta: Erlangga.
- Wellek, Rene and Warren, Austin. 1981. *Theory of Literature*. New York: Harcourt Brace Javonovich.